A powerful message came through our sister Nouk regarding the Atonement and what it means to accept it. There were specific component parts that I felt are powerful and necessary to feel into what it means to accept the Atonement for oneself. I have created this streamlined and inclusive process for our family to use. We offer the following text along with an audio link, for those who prefer to listen, trusting that healing and transformation will occur for those who deeply accept and receive this profound message.

~Lovingly, Coreen Walson

https://nouksanchez.com/wp-content/uploads/2022/08/AcceptingTheAtonement-7.17.22.pdf

https://nouksanchez.com/wp-content/uploads/2022/07/Accepting-the-Atonement.m4a