



Exercise: Truly Shared Goals

1. The only goals that can be truly shared are those that you share with Holy Spirit. Yet before you can offer up your own independent goals to be healed by Holy Spirit, you'll need to recognize them first. What are they? And are you willing to give these to Him to be divinely repurposed?
2. For example:
 - 1) Do you believe you “need” this person (partner)? In which areas do you need them? For instance, sex, financial security, home, material possessions, physical support, emotional support, happiness, business interests, hobbies, entertainment, social activities, to avoid loneliness, to keep the family’s “form” together, to avoid social embarrassment, etc.
 - 2) Review the shared goals and interests you have with your partner. With radical self-honesty, which of these are genuinely shared – with Holy Spirit – and which are the ego’s self-seeking goals? In other words, which of these, if compromised by your partner, would lead you to change or withdraw your love? These are goals of separate self-interest. They are destined to destroy your relationship because they exclude the only one that could save it, the Holy Self you share with your partner.