# COURSE QUOTE NOTATIONS - THE END OF DEATH: VOLUME ONE

The End of Death Page Number: xv - PROLOGUE: NOUK AND TOMAS

"Death is indeed the death of God, if He is Love." M-27.5:5 "If death is real for anything, there is no life. Death denies life. But if there is reality in life, death is denied. No compromise in this is possible." M-27.4.2-5

The End of Death Page Number: xvii - PROLOGUE: NOUK AND TOMAS

"Listen to what the ego says, and see what it directs you see, and it is sure that you will see yourself as tiny, vulnerable and afraid. You will experience depression, a sense of worthlessness, and feelings of impermanence and unreality. You will believe that you are helpless prey to forces far beyond your own control, and far more powerful than you. And you will think the world you made directs your destiny." T-21.V.2:3-6

The End of Death Page Number: xxiii - PROLOGUE: NOUK AND TOMAS

"In the holy instant the condition of love is met, for minds are joined without the body's interference, and where there is communication there is peace. The Prince of Peace was born to re-establish the condition of love by teaching that communication remains unbroken even if the body is destroyed, provided that you see not the body as the necessary means of communication. And if you understand this lesson, you will realize that to sacrifice the body is to sacrifice nothing, and communication, which must be of the mind, cannot be sacrificed. T-15.XI.7.1-4

"I have already told you that you can be as vigilant against the ego as for it. This lesson teaches not only that you can be, but that you [must] be. It does not concern itself with order of difficulty, but with clear-cut priority for vigilance. This lesson is unequivocal in that it teaches there must be no exceptions, although it does not deny that the temptation to make exceptions will occur. Here, then, your consistency is called on despite chaos. Yet chaos and consistency cannot coexist for long, since they are mutually exclusive. As long as you must be vigilant against anything, however, you are not recognizing this mutual exclusiveness, and still believe that you can choose either one. By teaching [what] to choose, the Holy Spirit will ultimately teach you that you need not choose at all. This will finally liberate your mind from choice, and direct it towards

## **CHAPTER ONE**

The End of Death Page Number: 26 – A BRIEF OVERVIEW

It is the mind that interprets the eyes' messages and gives them "meaning." And this meaning does not exist in the world outside at all. What is seen as "reality" is simply what the mind prefers. Its hierarchy of values is projected outward, and it sends the body's eyes to find it." M-8.3:4-7

"You have become at odds with the world as you perceive it, because you think it is antagonistic to you. This is a necessary consequence of what you have done... you must realize that your hatred is in your mind and not outside it before you can get rid of it; and why you must get rid of it before you can perceive the world as it really is." T-12. III.7:7-10

The End of Death Page Number: 29 – IDENTIFYING THE INTERNAL SPLIT

"The miracle is possible when cause and consequence are brought together, not kept separate." T-26.VII.14:1-2

"Sickness and sin are seen as consequence and cause, in a relationship kept hidden from awareness that it may be carefully preserved from reason's light." T-26.VII.2:4

The End of Death Page Number: 32 – IDENTIFYING THE INTERNAL SPLIT

"There is no darkness that the light of love will not dispel, unless it is concealed from love's beneficence. What is kept apart from love cannot share its healing power, because it has been separated off and kept in darkness." T-14.VI.2:3-4

"The search for truth is but the honest searching out of everything that interferes with truth." T-14.VII.2:1

The End of Death Page Number: 33 – IDENTIFYING THE INTERNAL SPLIT

"Dissociation is a distorted process of thinking whereby two systems of belief which cannot coexist are both maintained. If they are brought together, their joint acceptance becomes impossible. But if one is kept in darkness from the other, their separation seems to keep them both alive and equal in their reality. Their joining thus becomes the source of fear, for if they meet, acceptance must be withdrawn from one of them. You cannot have them both, for each denies the other." T-14.VII.4:3-7

"The Holy Spirit asks of you but this; bring to Him every secret you have locked away from Him. Open every door to Him, and bid Him enter the darkness and lighten it away.

At your request He enters gladly... He sees for you, and unless you look with Him He cannot see." T-14.VII.6:1-6

The End of Death Page Number: 38 – EGO'S UNCONSCIOUS WISH TO BE UNFAIRLY TREATED

"Whenever you attempt to reach a goal in which the body's betterment is cast as major beneficiary, you try to bring about your death...Seek not outside yourself. The search implies you are not whole within and fear to look upon your devastation, but prefer to seek outside yourself for what you are." T-29.VII.4:1:5-6

"The ego wants [you] dead, but not itself. The outcome of its strange religion must therefore be the conviction that it can pursue you beyond the grave." T-15.I.3:3-4

The End of Death Page Number: 39 – EGO'S UNCONSCIOUS WISH TO BE UNFAIRLY TREATED

"To learn this course requires willingness to question every value that you hold ...No belief is neutral." T-24.in.2:1-8

## **CHAPTER TWO**

The End of Death Page Number: 41 – MIRACLES – ARE THEY LITERAL OR METAPHOR?

"Death is indeed the death of God, if He is Love." M-27.5:5 "And the last to be overcome will be death." Of course! Without the idea of death there is no world. M-27.6:1-3

"All forms of sickness, even unto death, are physical expressions of the fear of awakening" T-8.IX.3:2

The End of Death Page Number: 42 - MIRACLES - ARE THEY LITERAL OR METAPHOR?

"One thing is sure; God, Who created neither sin nor death, wills not that you be bound by them. The shrouded

figures in the funeral procession march not in honor of their Creator, Whose Will it is they live. They are not following His Will; they are opposing it." T-19.IV.C.3:3-6

The End of Death Page Number: 43 - MIRACLES - ARE THEY LITERAL OR METAPHOR?

"The idea that a body can be sick is a central concept in the ego's thought system. This thought gives the body autonomy, separates it from the mind, and keeps the idea of attack inviolate. If the body could be sick Atonement would be impossible...The body has become lord of the mind. M-22.3:2-5

The End of Death Page Number: 44 – THE PHYSICAL MIRACLE

"A broken body shows the mind has not been healed. A miracle of healing proves that separation is without effect." T-27.II.5:1-2

The End of Death Page Number: 45 – THE PHYSICAL MIRACLE

"Being sane, the mind heals the body because [it] has been healed. The sane mind cannot conceive of illness because it cannot conceive of attacking anyone or anything." T-5.V.5:2-3

"There is no surer proof idolatry is what you wish than a belief there are some forms of sickness and of joylessness forgiveness cannot heal." T-30.VI.6:1

"Pain demonstrates the body must be real. It is a loud, obscuring voice whose shrieks would silence what the Holy Spirit says, and keep His words from your awareness." T-27.VI.1:1-2

"As fear is witness unto death, so is the miracle the witness unto life. The dying live, the dead arise, and pain has vanished." T-27.VI.5:7-9

"[You] are a miracle, capable of creating in the likeness of your Creator. Everything else is your own nightmare, and does not exist. Only the creations of light are real." T-1.I.24:2-4 Sickness is a defense against the truth. W-136.

The End of Death Page Number: 46 – THE PHYSICAL MIRACLE

"The resurrection is the denial of death, being the assertion of life. Thus is all the thinking of the world reversed

"I raised the dead by knowing that life is an eternal attribute of everything that the living God created... I do not believe that there is an order of difficulty in miracles; you do." T-4.IV.11:7-12

"The cost of the belief there must be some appearances beyond the hope of change is that the miracle cannot come forth from you consistently. For you have asked it be withheld from power to heal all dreams. There is no miracle you cannot have when you desire healing." T-30.VIII.4.

The End of Death Page Number: 48 – OVERCOMING SCARCITY ONCE AND FOR ALL

"You have no problems that He cannot solve by offering you a miracle. Miracles are for you. And every fear or pain or trial you have has been undone." T-14.XI.9:2-4

The End of Death Page Number: 56 – MIRACLES ARE OUR INHERITANCE

"The power of God, and not of you, engenders miracles. The miracle itself is but the witness that you have the power of God in you.... The power of God is limitless. And being always maximal, it offers everything to every call from anyone. There is no order of difficulty here. A call for help is given help." T-14.X.6:9-10, 12-15

"The miracle is the one thing you can do that transcends order, being based not on differences but on equality." T-14.X.2:7

"Miracles are not in competition, and the number of them that you can do is limitless. They can be simultaneous and legion. This is not difficult to understand, once you conceive of them as possible at all. What is more difficult to grasp is the lack of order of difficulty that stamps the miracle as something that must come from elsewhere, not from here. From the world's viewpoint, this is impossible." T-14.X.3.

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The End of Death Page Number: 58 – MIRACLES ARE OUR INHERITANCE

"Instead of "Seek ye first the Kingdom of Heaven" say,
"[Will] ye first the Kingdom of Heaven," and you have
said, "I know what I am and I accept my own inheritance."
T-3.VII.11:8

The End of Death Page Number: 63 – REVIEWING YOUR ANSWERS

"You would anticipate the future on the basis of your past experience, and plan for it accordingly. Yet by doing so you are aligning past and future, and not allowing the miracle, which could intervene between them, to free you to be born again." T-13.VI.4:7-8

The End of Death Page Number: 64 – PROBLEMS NEVER LEAVE THEIR SOURCE

"Ideas leave not their source, and their effects but seem to be apart from them. Ideas are of the mind. What is projected out, and seems to be external to the mind, is not outside at all, but an effect of what is in, and has not left its source." T-26.VII.4:7-9

The End of Death Page Number: 66 - PROBLEMS NEVER LEAVE THEIR SOURCE

"It must be true the miracle can heal all forms of sickness, or it cannot heal. Its purpose cannot be to judge which forms are real, and which appearances are true. If one appearance must remain apart from healing, one illusion must be part of truth. And you could not escape all guilt, but only some of it." T-30.VI.7:1-4

"There can be no appearance that can not be overlooked. For if there were, it would be necessary first there be some sin that stands beyond forgiveness. There would be an error that is more than a mistake; a special form of error that remains unchangeable, eternal, and beyond correction or escape. There would be one mistake that had the power to undo creation, and to make a world that could replace it and destroy the Will of God. Only if this were possible could there be some appearances that could withstand the miracle, and not be healed by it." T-30.VI.5:4-8

The End of Death Page Number: 68 – GIVING IS RECEIVING

"You cannot perpetuate an illusion about another without perpetuating it about yourself." T-7.VIII.4:1

"The ego always tries to preserve conflict. It is very ingenious in devising ways that seem to diminish conflict, because it does not want you to find conflict so intolerable that you will insist on giving it up. The ego therefore tries to persuade you that [it] can free you of conflict, lest you give the ego up and free yourself." T-7.VIII.2:2-4

The End of Death Page Number: 69 – GIVING IS RECEIVING

"Using its own warped version of the laws of God, the ego utilizes the power of the mind only to defeat the mind's real purpose. It projects conflict from your mind to other minds, in an attempt to persuade you that you have gotten rid of the problem." T-7.VIII.2:5-6

"Giving it is how you [keep] it. The belief that by seeing it outside you have excluded it from within is a complete distortion of the power of extension. That is why those who project are vigilant for their own safety. They are afraid that their projections will return and hurt them. Believing they have blotted their projections from their own minds, they also believe their projections are trying to creep back in. Since the projections have not left their minds, they are forced to engage in constant activity in order not to recognize this." T-7.VIII.3:7-11

The End of Death Page Number: 70 – GIVING IS RECEIVING

"[Do not be afraid of the ego.] It depends on your mind, and as you made it by believing in it, so you can dispel it by withdrawing belief from it. Do not project the responsibility for your belief in it onto anyone else, or you will preserve the belief. When you are willing to accept sole responsibility for the ego's existence you will have laid aside all anger and all attack, because they come from an attempt to project responsibility for your own errors. But having accepted the errors as yours, do not keep them. Give them over quickly to the Holy Spirit to be undone completely, so that all their effects will vanish from your mind and from the Sonship as a whole." T-7.VIII.5.

### **CHAPTER THREE**

The End of Death Page Number: 72 – DOES GOD KNOW ABOUT THE WORLD?

"Spirit, please help me forgive myself for using \_\_\_(person, situation, judgment, sickness, pain, self-judgment, sadness, anger, addiction, excess weight, depression, financial scarcity, etc)\_\_\_ to attack myself and separate from Your Love as my Holy Self. Amen."

"The end of the world is not its destruction, but its translation into Heaven." T-11.VIII.1:8

The End of Death Page Number: 73 – DOES GOD KNOW ABOUT THE WORLD?

"The Holy Spirit has the power to change the whole foundation of the world you see to something else; a basis not insane, on which a sane perception can be based, another world perceived. And one in which nothing is contradicted that would lead the Son of God to sanity and joy. Nothing attests to death and cruelty; to separation and to differences. For here is everything perceived as one, and no one loses that each one may gain." T-25.VII.5.

"The real world was given you by God in loving exchange for the world you made and the world you see. Only take it from the hand of Christ and look upon it. Its reality will make everything else invisible, for beholding it is total perception. And as you look upon it you will remember that it was always so. Nothingness will become invisible, for you will at last have seen truly." T-12.VIII.8:1-5

The End of Death Page Number: 74 - WHICH WORLD WILL I EXPERIENCE, THE EGO'S OR GOD'S?

"The world you see must be denied, for sight of it is costing you a different kind of vision. [You cannot see both worlds,] for each of them involves a different kind of seeing, and depends on what you cherish. The sight of one is possible because you have denied the other." T-13.VII.2:1-3

The End of Death Page Number: 79 – IS THE SCRIPT ALREADY WRITTEN?

"When you want only love you will see nothing else." T-12. VII.8:1

The End of Death Page Number: 76 – RESOLVING THE PROBLEM AT THE EFFECT LEVEL ONLY

"The value of deciding in advance what you want to

happen is simply that you will perceive the situation as a means to [make] it happen. You will therefore make every effort to overlook what interferes with the accomplishment of your objective, and concentrate on everything that helps you meet it. T-17.VI.4:1-2

"...when a situation has been dedicated wholly to truth, peace is inevitable." T-19.I.1:1

The End of Death Page Number: 87 - THE NATURE AND WILL OF GOD

"Fear of the Will of God is one of the strangest beliefs the human mind has ever made. It could not possibly have occurred unless the mind were already profoundly split, making it possible for it to be afraid of what it really is. Reality cannot "threaten" anything except illusions, since reality can only uphold truth. The very fact that the Will of God, which is what you are, is perceived as fearful, demonstrates that you [are] afraid of what you are. It is not, then, the Will of God of which you are afraid, but yours." T-9.I.1.

The End of Death Page Number: 88 - THE NATURE AND WILL OF GOD

"Perhaps you think that different kinds of love are possible. Perhaps you think there is a kind of love for this, a kind for that; a way of loving one, another way of loving still another. Love is one. It has no separate parts and no degrees; no kinds nor levels, no divergencies and no distinctions. It is like itself, unchanged throughout. It never alters with a person or a circumstance. It is the Heart of God, and also of His Son." W-127.1.

"Love's meaning is obscure to anyone who thinks that love can change. He does not see that changing love must be impossible. And thus he thinks that he can love at times, and hate at other times. He also thinks that love can be bestowed on one, and yet remain itself although it is withheld from others. To believe these things of love is not to understand it." W-127.2:1-5

The End of Death Page Number: 91 – OUR TRUE NATURE AND WILL

"Your will be done! In Heaven as on earth this is forever true. It matters not where you believe you are, nor what you think the truth about yourself must really be. It makes no difference what you look upon, nor what you choose to feel or think or wish. For God Himself has said, "Your will be done." And it is done to you accordingly." T-31.VI.4:3-8

The End of Death Page Number: 92 – OUR TRUE NATURE AND WILL

"What is the Will of God? He wills His Son have everything. And this He guaranteed when He created him [as] everything. It is impossible that anything be lost, if what you [have] is what you [are]." T-26.VII.11:1-4

"All real pleasure comes from doing God's Will. This is because [not] doing it is a denial of Self." T-1.VII.1:4-5

"There is no strain in doing God's Will as soon as you recognize it is also your own." T-2.VI.6:4

The End of Death Page Number: 95 – THE GOD THE EGO MADE: ARE YOU FEARFUL OF GOD? AN EXERCISE

"The presence of fear is a sure sign that you are trusting in your own strength." W-48.3:1

#### **CHAPTER FOUR**

The End of Death Page Number: 97 – JESUS' DEEPER MESSAGE: A HOLOGRAPHIC REVELATION

"You were in darkness until God's Will was done completely by any part of the Sonship. When this was done, it was perfectly accomplished by all. How else could it be perfectly accomplished? My mission was simply to unite the will of the Sonship with the Will of the Father by being aware of the Father's Will myself. This is the awareness I came to give you..." T-8.IV.3:1-5

The End of Death Page Number: 98 – JESUS' DEEPER MESSAGE: A HOLOGRAPHIC REVELATION

"Miracles are part of an interlocking chain of forgiveness which, when completed, is the Atonement. Atonement works all the time and in all the dimensions of time." T-1.I.25.

"However, the miracle entails a sudden shift from horizontal to vertical perception. This introduces an interval from which the giver and receiver both emerge farther along in time than they would otherwise have been. The miracle thus has the unique property of abolishing time to the extent that it renders the interval of time it spans unnecessary." T-1.II.6:3-5

The End of Death Page Number: 99 – JESUS' DEEPER MESSAGE: A HOLOGRAPHIC REVELATION

"My control can take over everything that does not matter, while my guidance can direct everything that does, if you so choose." T-2.VI.1:3.

"I will substitute for your ego if you wish... I can be entrusted with your body and your ego only because this enables you not to be concerned with them, and lets me teach you their unimportance." T-4.I.13:1,4

The End of Death Page Number: 100 – JESUS' DEEPER MESSAGE: A HOLOGRAPHIC REVELATION

"The body cannot create, and the belief that it can, a fundamental error, produces all physical symptoms. Physical illness represents a belief in magic. The whole distortion that made magic rests on the belief that there is a creative ability in matter which the mind cannot control." T-2.IV.2:6-8

The End of Death Page Number: 101 – JESUS' DEEPER MESSAGE: A HOLOGRAPHIC REVELATION

"Only the mind can create because spirit has already been created, and the body is a learning device for the mind. Learning devices are not lessons in themselves. Their purpose is merely to facilitate learning. The worst a faulty use of a learning device can do is to fail to facilitate learning. It has no power in itself to introduce actual learning errors. The body, if properly understood, shares the invulnerability of the Atonement to two-edged application." T-2.IV.3:1-6

The End of Death Page Number: 103 – JESUS' DEEPER MESSAGE: A HOLOGRAPHIC REVELATION

"You see in death escape from what you made. But this you do not see; that you made death, and it is but illusion of an end. Death cannot be escape, because it is not life in which the problem lies. Life has no opposite, for it is God. Life and death seem to be opposites because you have decided death ends life. Forgive the world, and you will understand that everything that God created cannot have an end, and

nothing He did not create is real." M-20.5:2-7

"You made the god of sickness, and by making him you made yourself able to hear him. Yet you did not create him, because he is not the Will of the Father. He is therefore not eternal and will be unmade for you the instant you signify your willingness to accept only the eternal." T-10.III.9:4-6

"The body is the means by which God's Son returns to sanity. Though it was made to fence him into hell without escape, yet has the goal of Heaven been exchanged for the pursuit of hell. The Son of God extends his hand to reach his brother, and to help him walk along the road with him. Now is the body holy. Now it serves to heal the mind that it was made to kill." W-pll.5.4.

The End of Death Page Number: 106 – ARE PHYSICAL MIRACLES PART OF JESUS' TEACHING?

"Death is the central dream from which all illusions stem. Is it not madness to think of life as being born, aging, losing vitality, and dying in the end? We have asked this question before, but now we need to consider it more carefully. It is the one fixed, unchangeable belief of the world that all things in it are born only to die. This is regarded as "the way of nature," not to be raised to question, but to be accepted as the "natural" law of life. The cyclical, the changing and unsure; the undependable and the unsteady, waxing and waning in a certain way upon a certain path,—all this is taken as the Will of God. And no one asks if a benign Creator could will this." M-27.1.

"Who loves such a god knows not of love, because he has denied that life is real. Death has become life's symbol." M-27.2:5-6

"Death is the symbol of the fear of God. His Love is blotted out in the idea, which holds it from awareness like a shield held up to obscure the sun. The grimness of the symbol is enough to show it cannot coexist with God." M-27.3:1-3

"If death is real for anything, there is no life. Death denies life. But if there is reality in life, death is denied. No compromise in this is possible. There is either a god of fear or One of Love." M-27.4:2-6

"The Holy Spirit guides you into life eternal, but you must relinquish your investment in death, or you will not see life

though it is all around you." T-12.IV.7:6

The End of Death Page Number: 107 – ARE PHYSICAL MIRACLES PART OF JESUS' TEACHING?

"All forms of sickness, even unto death, are physical expressions of the fear of awakening. They are attempts to reinforce sleeping out of fear of waking. This is a pathetic way of trying not to see by rendering the faculties for seeing ineffectual. "Rest in peace" is a blessing for the living, not the dead, because rest comes from waking, not from sleeping." T-8.IX.3:2-5

"For as long as you feel guilty you are listening to the voice of the ego, which tells you that you have been treacherous to God and therefore deserve death. You will think that death comes from God and not from the ego because, by confusing yourself with the ego, you believe that you want death. And from what you want God does not save you." T-12.VII.14:4-5

The End of Death Page Number: 108 – ARE PHYSICAL MIRACLES PART OF JESUS' TEACHING?

"Your holiness reverses all the laws of the world. It is beyond every restriction of time, space, distance and limits of any kind." W-38.1:1-2

"Through your holiness the power of God is made manifest. Through your holiness the power of God is made available. And there is nothing the power of God cannot do. Your holiness, then, can remove all pain, can end all sorrow, and can solve all problems. It can do so in connection with yourself and with anyone else. It is equal in its power to help anyone because it is equal in its power to save anyone." W-38.2.

The End of Death Page Number: 110 – ARE PHYSICAL MIRACLES PART OF JESUS' TEACHING?

"Ideas leave not their source, and their effects but seem to be apart from them. Ideas are of the mind. What is projected out, and seems to be external to the mind, is not outside at all, but an effect of what is in, and has not left its source. T-26.VII.4:7-9

"Health is the witness unto health. As long as it is unattested, it remains without conviction. Only when it has been demonstrated is it proved, and must provide a witness that compels belief. No one is healed through double messages. If you wish only to be healed, you heal. Your single purpose makes this possible. But if you are afraid of healing, then it cannot come through you. The only thing that is required for a healing is a lack of fear. T-27.V.2:1-8

"The guiltless mind cannot suffer. Being sane, the mind heals the body because [it] has been healed." T-5.V.5:1-2

"To heal is to make whole. And what is whole can have no missing parts that have been kept outside. Forgiveness rests on recognizing this, and being glad there cannot be some forms of sickness which the miracle must lack the power to heal." T-30.VI.8:3-6

The End of Death Page Number: 111 – ARE PHYSICAL MIRACLES PART OF JESUS' TEACHING?

"Oneness and sickness cannot coexist." M.12.6:1

"All forms of sickness are signs that the mind is split, and does not accept a unified purpose." T-8.IX.8:7

"Healing reflects our joint will. This is obvious when you consider what healing is for. Healing is the way in which the separation is overcome. Separation is overcome by union. It cannot be overcome by separating. The decision to unite must be unequivocal, or the mind itself is divided and not whole. Your mind is the means by which you determine your own condition, because mind is the mechanism of decision. It is the power by which you separate or join, and experience pain or joy accordingly. My decision cannot overcome yours, because yours is as powerful as mine." T-8. IV.5:1-9

The End of Death Page Number: 112 – ARE PHYSICAL MIRACLES PART OF JESUS' TEACHING?

"It must be true the miracle can heal all forms of sickness, or it cannot heal. Its purpose cannot be to judge which forms are real, and which appearances are true. If one appearance must remain apart from healing, one illusion must be part of truth. And you could not escape all guilt, but only some of it." T-30.VI.7:1-4

"See how the belief in death would seem to "save" you. For if this were gone, what could you fear but life?" T-19. IV.D.4:1-2

The End of Death Page Number: 113 – ARE PHYSICAL MIRACLES PART OF JESUS' TEACHING?

"God is in everything I see because God is in my mind." W-30.

"There can be nothing that a change of mind cannot effect, for all external things are only shadows of a decision already made. Change the decision, and how can its shadow be unchanged? Illness can be but guilt's shadow, grotesque and ugly since it mimics deformity. If a deformity is seen as real, what could its shadow be except deformed?" P-2.IV.2:4-7

The End of Death Page Number: 114 – ARE PHYSICAL MIRACLES PART OF JESUS' TEACHING?

"There have been many healers who did not heal themselves. They have not moved mountains by their faith because their faith was not whole. Some of them have healed the sick at times, but they have not raised the dead. Unless the healer heals himself, he cannot believe that there is no order of difficulty in miracles." T-6.VII.1:1-4

The End of Death Page Number: 115 – ARE PHYSICAL MIRACLES PART OF JESUS' TEACHING?

"Miracles enable you to heal the sick and raise the dead because you made sickness and death yourself, and can therefore abolish both. [You] are a miracle, capable of creating in the likeness of your Creator. Everything else is your own nightmare, and does not exist. Only the creations of light are real." T-1.1.24.

"I raised the dead by knowing that life is an eternal attribute of everything that the living God created. Why do you believe it is harder for me to inspire the dis-spirited or to stabilize the unstable? I do not believe that there is an order of difficulty in miracles; you do. I have called and you will answer." T-4.IV.11:7-10

The End of Death Page Number: 116 – ARE PHYSICAL MIRACLES PART OF JESUS' TEACHING?

"It cannot be that it is hard to do the task that Christ appointed you to do, since it is He Who does it." T-25.I.1:1

"You are part of Him Who is all power and glory, and are therefore as unlimited as He is." T-8.II.7:7

"A broken body shows the mind has not been healed. A miracle of healing proves that separation is without effect. T-27.II:1-2

"Teacher of God, your one assignment could be stated thus: Accept no compromise in which death plays a part." M-28.7:1

"Very simply, the resurrection is the overcoming or surmounting of death. It is a reawakening or a rebirth; a change of mind about the meaning of the world." " It is the end of dreams of misery, and the glad awareness of the Holy Spirit's final dream. It is the recognition of the gifts of God. It is the dream in which the body functions perfectly, having no function except communication." M-29.1:1-2,4-6

"The resurrection is the denial of death, being the assertion of life. Thus is all the thinking of the world reversed entirely. Life is now recognized as salvation, and pain and misery of any kind perceived as hell. Love is no longer feared, but gladly welcomed." M-29.2.1-4.

The End of Death Page Number: 117 – ARE PHYSICAL MIRACLES PART OF JESUS' TEACHING?

"The body is the means by which God's Son returns to sanity. Though it was made to fence him into hell without escape, yet has the goal of Heaven been exchanged for the pursuit of hell. The Son of God extends his hand to reach his brother, and to help him walk along the road with him. Now is the body holy. Now it serves to heal the mind that it was made to kill." W-pll.5.4.

"It {body}\* becomes a means by which the part of the mind you tried to separate [from] spirit can reach beyond its distortions and return [to] spirit. The ego's temple thus becomes the temple of the Holy Spirit, where devotion to Him replaces devotion to the ego. In this sense the body does become a temple to God; His Voice abides in it by directing the use to which it is put." T-8.VII.9:5-7 \*Authors clarification

"This world [is] a picture of the crucifixion of God's Son.

And until you realize that God's Son cannot be crucified, this is the world you will see. Yet you will not realize this until you accept the eternal fact that God's Son is not guilty. He deserves only love because he has given only love. He cannot be condemned because he has never condemned. The Atonement is the final lesson he need learn, for it teaches him that, never having sinned, he has no need of salvation." T-13.in.4.

The End of Death Page Number: 120 – SIN, GUILT AND FEAR: EVERY FEAR HIDES OUR GUILT

"When you are tempted to believe that sin is real, remember this: If sin is real, both God and you are not. If creation is extension, the Creator must have extended Himself, and it is impossible that what is part of Him is totally unlike the rest. If sin is real, God must be at war with Himself. He must be split, and torn between good and evil; partly sane and partially insane. For He must have created what wills to destroy Him, and has the power to do so. Is it not easier to believe that you have been mistaken than to believe in this?" T-19.III.6.

The End of Death Page Number: 121 – SIN, GUILT AND FEAR: EVERY FEAR HIDES OUR GUILT

"If God knows His children as wholly sinless, it is blasphemous to perceive them as guilty. If God knows His children as wholly without pain, it is blasphemous to perceive suffering anywhere. If God knows His children to be wholly joyous, it is blasphemous to feel depressed. All of these illusions, and the many other forms that blasphemy may take, are refusals to accept creation as it is. If God created His Son perfect, that is how you must learn to see him to learn of his reality. And as part of the Sonship, that is how you must see yourself to learn of yours." T-10.V.12.

"I have said that the crucifixion is the symbol of the ego. When it was confronted with the real guiltlessness of God's Son it did attempt to kill him, and the reason it gave was that guiltlessness is blasphemous to God. To the ego, the [ego] is God, and guiltlessness must be interpreted as the final guilt that fully justifies murder. You do not yet understand that any fear you may experience in connection with this course stems ultimately from this interpretation, but if you will consider your reactions to it you will become increasingly convinced that this is so." T-13.II.6:1-4

The End of Death Page Number: 124 – JESUS DID NOT DIE FOR OUR SINS

"The crucifixion did not establish the Atonement; the resurrection did. Many sincere Christians have misunderstood this. No one who is free of the belief in scarcity could possibly make this mistake. If the crucifixion is seen from an upside-down point of view, it does appear as if God permitted and even encouraged one of His Sons to suffer because he was good. This particularly unfortunate interpretation, which arose out of projection, has led many people to be bitterly afraid of God. Such anti-religious concepts enter into many religions. Yet the real Christian should pause and ask, "How could this be?" Is it likely that God Himself would be capable of the kind of thinking which His Own words have clearly stated is unworthy of His Son?' T-3.I.1:2-9

The End of Death Page Number: 125 – JESUS DID NOT DIE FOR OUR SINS

"The resurrection demonstrated that nothing can destroy truth. Good can withstand any form of evil, as light abolishes forms of darkness. The Atonement is therefore the perfect lesson. It is the final demonstration that all the other lessons I taught are true." T-3.I.7:6-9

"The journey to the cross should be the last "useless journey." Do not dwell upon it, but dismiss it as accomplished. If you can accept it as your own last useless journey, you are also free to join my resurrection. Until you do so your life is indeed wasted. It merely re-enacts the separation, the loss of power, the futile attempts of the ego at reparation, and finally the crucifixion of the body, or death. Such repetitions are endless until they are voluntarily given up. Do not make the pathetic error of "clinging to the old rugged cross." The only message of the crucifixion is that you can overcome the cross. Until then you are free to crucify yourself as often as you choose. This is not the gospel I intended to offer you. We have another journey to undertake, and if you will read these lessons carefully they will help prepare you to undertake it." T-4.in.3

### **CHAPTER FIVE**

The End of Death Page Number: 130 - SUFFERING IS NOT GOD'S WILL

"It is extremely hard for those who still believe sin

meaningful to understand the Holy Spirit's justice. They must believe He shares their own confusion, and cannot avoid the vengeance that their own belief in justice must entail. And so they fear the Holy Spirit, and perceive the "wrath" of God in Him. Nor can they trust Him not to strike them dead with lightning bolts torn from the "fires" of Heaven by God's Own angry Hand. They [do] believe that Heaven is hell, and [are] afraid of love. And deep suspicion and the chill of fear comes over them when they are told that they have never sinned. Their world depends on sin's stability. And they perceive the "threat" of what God knows as justice to be more destructive to themselves and to their world than vengeance, which they understand and love." T-25.VIII.6.

The End of Death Page Number: 132 - SUFFERING IS NOT GOD'S WILL

"Yet each one knows the cost of sin is death. And so it is. For sin is a request for death, a wish to make this world's foundation sure as love, dependable as Heaven, and as strong as God Himself. The world is safe from love to everyone who thinks sin possible." T-25.VII.1:6-9

"It cannot be the "sinner's" wish for death is just as strong as is God's Will for life. Nor can the basis of a world He did not make be firm and sure as Heaven. How could it be that hell and Heaven are the same? And is it possible that what He did not will cannot be changed? What is immutable besides His Will? And what can share its attributes except itself? What wish can rise against His Will, and be immutable? If you could realize nothing is changeless but the Will of God, this course would not be difficult for you. For it is this that you do not believe. Yet there is nothing else you could believe, if you but looked at what it really is." T-25.VII.2.

The End of Death Page Number: 136 – ARE YOU BEING SEDUCED BY SIN AND GUILT?

"There is no stone in all the ego's embattled citadel that is more heavily defended than the idea that sin is real; the natural expression of what the Son of God has made himself to be, and what he is." T-19.II.7:1

The End of Death Page Number: 137 - ARE YOU BEING SEDUCED BY SIN AND GUILT?

"Sin is the only thing in all the world that cannot change. It is immutable. And on its changelessness the world depends... Yet each one knows the cost of sin is death. And so it is. For sin is a request for death, a wish to make this world's foundation sure as love, dependable as Heaven, and as strong as God Himself." T-25.VII.1:1-4, 6-8

The End of Death Page Number: 138 – ARE YOU BEING SEDUCED BY SIN AND GUILT?

"Sin is attacked by punishment, and so preserved. But to forgive it is to change its state from error into truth." T-25. III.8:12-13

The End of Death Page Number: 139 - THE FEAR OF AWAKENING

"If sin is real, salvation must be pain. Pain is the cost of sin, and suffering can never be escaped, if sin is real. Salvation must be feared, for it will kill, but slowly, taking everything away before it grants the welcome boon of death to victims who are little more than bones before salvation is appeased. Its wrath is boundless, merciless, but wholly just." W-101.3.

The End of Death Page Number: 140 – THE FEAR OF AWAKENING

"Who would seek out such savage punishment? Who would not flee salvation, and attempt in every way he can to drown the Voice which offers it to him? Why would he try to listen and accept Its offering? If sin is real, its offering is death, and meted out in cruel form to match the vicious wishes in which sin is born. If sin is real, salvation has become your bitter enemy, the curse of God upon you who have crucified His Son." W-101.4.

The End of Death Page Number: 142 – EXERCISE FOR EXPOSING UNCONSCIOUS GUILT

"Any attempt to reinterpret sin as error is always indefensible to the ego. The idea of sin is wholly sacrosanct to its thought system, and quite unapproachable except with reverence and awe. It is the most "holy" concept in the ego's system; lovely and powerful, wholly true, and necessarily protected with every defense at its disposal. For here lies its "best" defense, which all the others serve. Here is its armor, its protection, and the fundamental purpose of the special relationship in its interpretation..." "It can indeed be said the ego made its world on sin. Only in such a world could everything be upside down." T-19.11.5,6:1-2

The End of Death Page Number: 144 - EXERCISE FOR EXPOSING UNCONSCIOUS GUILT

"Yet punishment is but another form of guilt's protection, for

what is deserving punishment must have been really done. Punishment is always the great preserver of sin, treating it with respect and honoring its enormity. What must be punished, must be true. And what is true must be eternal, and will be repeated endlessly. For what you think is real you want, and will not let it go..." "An error, on the other hand, is not attractive. What you see clearly as a mistake you want corrected. Sometimes a sin can be repeated over and over, with obviously distressing results, but without the loss of its appeal. And suddenly, you change its status from a sin to a mistake. Now you will not repeat it; you will merely stop and let it go, unless the guilt remains." T-19. III.2,3:1-5

The End of Death Page Number: 144 - FALSE HUMILITY AND GUILTLESSNESS

"...your function here is to be the light of the world, a function given you by God. It is only the arrogance of the ego that leads you to question this, and only the fear of the ego that induces you to regard yourself as unworthy of the task assigned to you by God Himself. The world's salvation awaits your forgiveness, because through it does the Son of God escape from all illusions, and thus from all temptation. The Son of God is you." W-64.3.

The End of Death Page Number: 145 - FALSE HUMILITY AND GUILTLESSNESS

"A major tenet in the ego's insane religion is that sin is not error but truth, and it is innocence that would deceive. Purity is seen as arrogance, and the acceptance of the self as sinful is perceived as holiness. And it is this doctrine that replaces the reality of the Son of God as his Father created him, and willed that he be forever. Is this humility? Or is it, rather, an attempt to wrest creation away from truth, and keep it separate?" T-19.II.4.

"I am the light of the world." "To the ego, today's idea is the epitome of self-glorification. But the ego does not understand humility, mistaking it for self-debasement. Humility consists of accepting your role in salvation and in taking no other. It is not humility to insist you cannot be the light of the world if that is the function God assigned to you. It is only arrogance that would assert this function cannot be for you, and arrogance is always of the ego."

W-61.2.

# **CHAPTER SIX**

The End of Death Page Number: 147 – WHY JESUS' TEACHING IS THE QUICKEST OF ALL SPIRITUAL PATHS

"This is the darkest veil, upheld by the belief in death and protected by its attraction. The dedication to death and to its sovereignty is but the solemn vow, the promise made in secret to the ego never to lift this veil, not to approach it, nor even to suspect that it is there. This is the secret bargain made with the ego to keep what lies beyond the veil forever blotted out and unremembered. Here is your promise never to allow union to call you out of separation; the great amnesia in which the memory of God seems quite forgotten; the cleavage of your Self from you;--[the fear of God,] the final step in your dissociation." T-19.IV.D.3.

The End of Death Page Number: 149 – WHY JESUS' TEACHING IS THE QUICKEST OF ALL SPIRITUAL PATHS

"Death is the thought that you are separate from your Creator." W-167.4:1

The End of Death Page Number: 150 – WHY JESUS' TEACHING IS THE QUICKEST OF ALL SPIRITUAL PATHS

"See how the belief in death would seem to "save" you. For if this were gone, what could you fear but life? It is the attraction of death that makes life seem to be ugly, cruel and tyrannical. You are no more afraid of death than of the ego. These are your chosen friends. For in your secret alliance with them you have agreed never to let the fear of God be lifted, so you could look upon the face of Christ and join Him in His Father." T-19.IV.D.4.

"You see in death escape from what you made. But this you do not see; that you made death, and it is but illusion of an end. Death cannot be escape, because it is not life in which the problem lies. Life has no opposite, for it is God. Life and death seem to be opposites because you have decided death ends life. Forgive the world, and you will understand that everything that God created cannot have an end, and nothing He did not create is real." M-20.5:2-7

The End of Death Page Number: 151 – WHY JESUS' TEACHING IS THE QUICKEST OF ALL SPIRITUAL PATHS

"The ego believes that by punishing itself it will mitigate

the punishment of God... It tries to usurp all the functions of God as it perceives them, because it recognizes that only total allegiance can be trusted." T-5.V.5:6,9

The End of Death Page Number: 152 – WHY JESUS' TEACHING IS THE QUICKEST OF ALL SPIRITUAL PATHS

"You will think that death comes from God and not from the ego because, by confusing yourself with the ego, you believe that you want death. And from what you want God does not save you." T-12.VII.14:5-6

"There is no death because the living share the function their Creator gave to them. Life's function cannot be to die." T-29.VI.4:9-10

"The body neither lives nor dies, because it cannot contain you who are life. If we share the same mind, you can overcome death because I did. Death is an attempt to resolve conflict by not deciding at all. Like any other impossible solution the ego attempts, [it will not work]." T-6.V.A.1:4-7

The End of Death Page Number: 153 – DEATH IS NOT A PLACE WE GO TO

"The miracle is possible when cause and consequence are brought together, not kept separate." T-26.VII14:1 "A major step in the Atonement plan is to undo error at all levels." T-2.IV.2:1

The End of Death Page Number: 153 – DEATH IS NOT A PLACE WE GO TO

"The ego is not a traitor to God, to Whom treachery is impossible. But it is a traitor to you who believe that you have been treacherous to your Father. That is why the undoing of guilt is an essential part of the Holy Spirit's teaching. For as long as you feel guilty you are listening to the voice of the ego, which tells you that you have been treacherous to God and therefore deserve death. You will think that death comes from God and not from the ego because, by confusing yourself with the ego, you believe that you want death. And from what you want God does not save you." T-12.VII.14.

"When you are tempted to yield to the desire for death, [remember that I did not die.] ... Would I have overcome

death for myself alone?" T-12.VII.15:1,3

The End of Death Page Number: 155 – WHERE ELSE BUT IN THE BODY WILL YOU AWAKEN FROM DEATH?

"You suffer pain because the body does, and in this pain are you made one with it. Thus is your "true" identity preserved, and the strange, haunting thought that you might be something beyond this little pile of dust silenced and stilled. For see, this dust can make you suffer, twist your limbs and stop your heart, commanding you to die and cease to be." W-136.8:3-5

"Thus is the body stronger than the truth, which asks you live, but cannot overcome your choice to die. And so the body is more powerful than everlasting life, Heaven more frail than hell, and God's design for the salvation of His Son opposed by a decision stronger than His Will." W-136.9:1-2

The End of Death Page Number: 156 – WHERE ELSE BUT IN THE BODY WILL YOU AWAKEN FROM DEATH?

"You think that death is of the body. Yet it is but an idea, irrelevant to what is seen as physical. A thought is in the mind. It can be then applied as mind directs it. But its origin is where it must be changed, if change occurs. Ideas leave not their source. The emphasis this course has placed on that idea is due to its centrality in our attempts to change your mind about yourself. It is the reason you can heal. It is the cause of healing. It is why you cannot die. Its truth established you as one with God." W-167.3.

The End of Death Page Number: 157 – WHERE ELSE BUT IN THE BODY WILL YOU AWAKEN FROM DEATH?

"The central lesson is always this; that what you use the body for it will become to you. Use it for sin or for attack, which is the same as sin, and you will see it as sinful. Because it is sinful it is weak, and being weak, it suffers and it dies. Use it to bring the Word of God to those who have it not, and the body becomes holy. Because it is holy it cannot be sick, nor can it die." M-12.5:1-5

The End of Death Page Number: 158 – THE BATHTUB: A SYMBOL OF THE VASTNESS OF IESUS' TEACHING

"If death is real for anything, there is no life. Death denies life. But if there is reality in life, death is denied. No compromise in this is possible. There is either a god of fear or One of Love... He did not make death because He did not make fear." M-27.4:2-6,9

The End of Death Page Number: 159 – THE BATHTUB: A SYMBOL OF THE VASTNESS OF JESUS' TEACHING

"And the last to be overcome will be death. Of course! Without the idea of death there is no world. All dreams will end with this one. This is salvation's final goal; the end of all illusions. And in death are all illusions born. What can be born of death and still have life? But what is born of God and still can die? ... Do you not see that otherwise He has an opposite, and fear would be as real as love?" M-27.6:1-8,11

The End of Death Page Number: 160 – THE BATHTUB: A SYMBOL OF THE VASTNESS OF JESUS' TEACHING

"Believe in the resurrection because it has been accomplished, and it has been accomplished in you. This is as true now as it will ever be, for the resurrection is the Will of God, which knows no time and no exceptions. But make no exceptions yourself, or you will not perceive what has been accomplished for you." T-11.VI.4:6-8

"Blessed are ye who have not seen and still believe, for those who believe in the resurrection will see it. The resurrection is the complete triumph of Christ over the ego, not by attack but by transcendence. T-11.VI.1:5-6

The End of Death Page Number: 161 – THE BATHTUB: A SYMBOL OF THE VASTNESS OF JESUS' TEACHING

"Very simply, the resurrection is the overcoming or surmounting of death. It is a reawakening or a rebirth; a change of mind about the meaning of the world. It is the acceptance of the Holy Spirit's interpretation of the world's purpose; the acceptance of the Atonement for oneself. It is the end of dreams of misery, and the glad awareness of the Holy Spirit's final dream. It is the recognition of the gifts of God. It is the dream in which the body functions perfectly, having no function except communication. It is the lesson in which learning ends, for it is consummated and surpassed with this. It is the invitation to God to take His final step. It is the relinquishment of all other purposes,

all other interests, all other wishes and all other concerns. It is the single desire of the Son for the Father." M-28.1.

The End of Death Page Number: 162 – THE BATHTUB: A SYMBOL OF THE VASTNESS OF JESUS' TEACHING

"The resurrection is the denial of death, being the assertion of life. Thus is all the thinking of the world reversed entirely." M-28.2:1-2 "There is no death. The Son of God is free. And in his freedom is the end of fear. No hidden places now remain on earth to shelter sick illusions, dreams of fear and misperceptions of the universe." M-28.4:2-5

The End of Death Page Number: 163 - COLLAPSING THE DREAM OF DEATH

"The body is the central figure in the dreaming of the world.

There is no dream without it... It takes the central place in every dream, which tells the story of how it was made by other bodies, born into the world outside the body, lives a little while and dies, to be united in the dust with other bodies dying like itself. In the brief time allotted it to live, it seeks for other bodies as its friends and enemies. Its safety is its main concern. Its comfort is its guiding rule. It tries to look for pleasure, and avoid the things that would be hurtful. Above all, it tries to teach itself its pains and joys are different and can be told apart." T-27.VIII.1.

The End of Death Page Number: 164 – COLLAPSING THE DREAM OF DEATH

"This single lesson does [the body] try to teach again, and still again, and yet once more; that it is cause and not effect. And you are its effect, and cannot be its cause." T-27. VIII.3:4-5 Thus are you not the dreamer, but the dream." T-27.VIII.4:1-2

The End of Death Page Number: 165 – COLLAPSING THE DREAM OF DEATH

"The real world was given you by God in loving exchange for the world you made and the world you see. Only take it from the hand of Christ and look upon it. Its reality will make everything else invisible, for beholding it is total perception. And as you look upon it you will remember that it was always so. Nothingness will become invisible, for you will at last have seen truly." T-12.VIII.8:1-5

The End of Death Page Number: 165 – JESUS AS THE FIRST TO AWAKEN FROM THE EGO'S DREAM OF DEATH

"He has established Jesus as the leader in carrying out

His plan since he was the first to complete his own part perfectly." C-6.2:2

The End of Death Page Number: 166 – JESUS AS THE FIRST TO AWAKEN FROM THE EGO'S DREAM OF DEATH

"There have been many healers who did not heal themselves. They have not moved mountains by their faith because their faith was not whole. Some of them have healed the sick at times, but they have not raised the dead. Unless the healer heals himself, he cannot believe that there is no order of difficulty in miracles." T-5.VII.2:1-4

The End of Death Page Number: 169 - THE SECOND RING: RING OF DEATH

"For death is seen as safety, the great dark savior from the light of truth, the answer to the Answer, the silencer of the Voice that speaks for God. Yet the retreat to death is not the end of conflict." T-19.IV.C.7:2-3

"There is no death because what God created shares His life. There is no death because an opposite to God does not exist. There is no death because the Father and the Son are One." W-167.1:5-7

The End of Death Page Number: 170 - THE SECOND RING: RING OF DEATH

"There is no death because the living share the function their Creator gave to them. Life's function cannot be to die. It must be life's extension, that it be as one forever and forever, without end." T-29.VI.4:9-11

"The miracle substitutes for learning that might have taken thousands of years." T-1.II.6:7

"Be still and listen to the truth today. For each five minutes spent in listening, a thousand minds are opened to the truth and they will hear the holy Word you hear." W-106.9:1-2 "The function [of God's teachers] is to save time. Each one begins as a single light, but with the Call at its center it is a light that cannot be limited. And each one saves a thousand years of time as the world judges it." M-1.2:11-13

The End of Death Page Number: 171 - THE OUTER RING: THE REAL WORLD DREAM

"The central lesson is always this; that what you use the body for it will become to you. Use it for sin or for attack, which is the same as sin, and you will see it as sinful. Because it is sinful it is weak, and being weak, it suffers and it dies. Use it to bring the Word of God to those who have it not, and the body becomes holy. Because it is holy it cannot be sick, nor can it die. When its usefulness is done it is laid by, and that is all." M-12.5:1-6

The End of Death Page Number: 172 – THE OUTER RING: THE REAL WORLD DREAM

"And you will lay aside the world and find another. This other world is bright with love which you have given it. And here will everything remind you of your Father and His holy Son. Light is unlimited, and spreads across this world in quiet joy. All those you brought with you will shine on you, and you will shine on them in gratitude because they brought you here. Your light will join with theirs in power so compelling, that it will draw the others out of darkness as you look on them." T-13.VI.11:5-10

# **CHAPTER SEVEN**

The End of Death Page Number: 176 – A WORLD WITHOUT DEATH

"The miracle is means to demonstrate that all appearances can change because they [are] appearances, and cannot have the changelessness reality entails. The miracle attests salvation from appearances by showing they can change." T-30.VIII.2:1-2

"A clear distinction between what is created and what is made is essential. All forms of healing rest on this fundamental correction in level perception." T-2.V.A.12:1-2
"Spiritual vision literally cannot see error, and merely looks for Atonement. All solutions the physical eye seeks dissolve. Spiritual vision looks within and recognizes immediately that the altar has been defiled and needs to be repaired and protected. Perfectly aware of the right defense it passes over all others, looking past error to truth." T-2.III.4.

The End of Death Page Number: 177 – THE REAL WORLD

"There is nothing about me that you cannot attain. I have nothing that does not come from God. The difference between us now is that I have nothing else. This leaves me in a state which is only potential in you." T-1.II.3:10-13

"It is denial of illusions that calls on truth, for to deny illusions is to recognize that fear is meaningless. Into the holy home where fear is powerless love enters thankfully, grateful that it is one with you who joined to let it enter." The End of Death Page Number: 178 – THE REAL WORLD

"What He enables you to do is clearly not of this world, for miracles violate every law of reality as this world judges it. Every law of time and space, of magnitude and mass is transcended, for what the Holy Spirit enables you to do is clearly beyond all of them." T-12.VII.3:2-3

"The Holy Spirit has the power to change the whole foundation of the world you see to something else; a basis not insane, on which a sane perception can be based, another world perceived. And one in which nothing is contradicted that would lead the Son of God to sanity and joy. Nothing attests to death and cruelty; to separation and to differences. For here is everything perceived as one, and no one loses that each one may gain." T-25.VII.5.

The End of Death Page Number: 179 – THE CONDITION OF THE REAL WORLD

"Yet who can make a choice between the wish for Heaven and the wish for hell unless he recognizes they are not the same? This difference is the learning goal this course has set. It will not go beyond this aim. Its only purpose is to teach what is the same and what is different, leaving room to make the only choice that can be made." T-26.III.5:3-6

"There is no basis for a choice in this complex and overcomplicated world. For no one understands what is the same, and seems to choose where no choice really is. The real world is the area of choice made real, not in the outcome, but in the perception of alternatives for choice. That there is choice is an illusion. Yet within this one lies the undoing of every illusion, not excepting this." T-26.III.6.

The End of Death Page Number: 181 – WE LEAVE THE WORLD BY TRUTH

"The world is not left by death but by truth..." T-3.VII.6:11

"Salvation is no more than a reminder this world is not your home. Its laws are not imposed on you, its values are not yours. And nothing that you think you see in it is really there at all. This is seen and understood as each one takes his part in its undoing, as he did in making it." T-25.VI.6:1-4

The End of Death Page Number: 182 – WE LEAVE THE WORLD BY TRUTH

"You hate this prison you have made, and would destroy it. But you would not escape from it, leaving it unharmed, without your guilt upon it. T-18.VI.7:6-7 Yet only thus [can] you escape." T-18.VI.8:1

The End of Death Page Number: 184 - DEATH AND THE FEAR OF GOD

"I am not the victim of the world I see. How can I be the victim of a world that can be completely undone if I so choose? My chains are loosened. I can drop them off merely by desiring to do so. The prison door is open. I can leave simply by walking out. Nothing holds me in this world. Only my wish to stay keeps me a prisoner. I would give up my insane wishes and walk into the sunlight at last." W-57.1.(31)

The End of Death Page Number: 185 – DEATH AND THE FEAR OF GOD

"This world will bind your feet and tie your hands and kill your body only if you think that it was made to crucify God's Son. For even though it was a dream of death, you need not let it stand for this to you. Let [this] be changed, and nothing in the world but must be changed as well. For nothing here but is defined as what you see it for."T-29.VI.5.

"What you have given "life" is not alive, and symbolizes but your wish to be alive apart from life, alive in death, with death perceived as life, and living, death." T-29.II.6:2

The End of Death Page Number: 186 – DEATH AND THE FEAR OF GOD

"It is not will for life but wish for death that is the motivation for this world. Its only purpose is to prove guilt real. No worldly thought or act or feeling has a motivation other than this one. These are the witnesses that are called forth to be believed, and lend conviction to the system they speak for and represent." T-27.I.6:3-6

"It is extremely hard for those who still believe sin meaningful to understand the Holy Spirit's justice. They must believe He shares their own confusion, and cannot avoid the vengeance that their own belief in justice must entail. And so they fear the Holy Spirit, and perceive the "wrath" of God in Him. Nor can they trust Him not to strike them dead with lightning bolts torn from the "fires" of Heaven by God's Own angry Hand. They [do] believe that Heaven is hell, and [are] afraid of love. And deep suspicion and the chill of fear comes over them when they are told that they have never sinned. Their world depends on sin's stability.

And they perceive the "threat" of what God knows as justice to be more destructive to themselves and to their world than vengeance, which they understand and love." T-25.VIII.6. "What is not love, is sin..." T-25.VII.6:3

The End of Death Page Number: 187 - DEATH AND THE FEAR OF GOD

"Is it not strange that you believe to think you made the world you see is arrogance? God made it not. Of this you can be sure. What can He know of the ephemeral, the sinful and the guilty, the afraid, the suffering and lonely, and the mind that lives within a body that must die? You but accuse Him of insanity, to think He made a world where such things seem to have reality. He is not mad. Yet only madness makes a world like this." W-152.6.

"To think that God made chaos, contradicts His Will, invented opposites to truth, and suffers death to triumph over life; all this is arrogance. Humility would see at once these things are not of Him. And can you see what God created not? To think you can is merely to believe you can perceive what God willed not to be. And what could be more arrogant than this?" W-152.7.

The End of Death Page Number: 190 – WHAT IS LIFE'S ONE CERTAIN OUTCOME?

"All things but death are seen to be unsure, too quickly lost uninterrupted Life, how can life possibly be terminated?

however hard to gain, uncertain in their outcome, apt to fail the hopes they once engendered, and to leave the taste of dust and ashes in their wake, in place of aspirations and of dreams. But death is counted on. For it will come with certain footsteps when the time has come for its arrival. It will never fail to take all life as hostage to itself." W-163.3.

"Would you bow down to idols such as this? Here is the strength and might of God Himself perceived within an idol made of dust. Here is the opposite of God proclaimed as lord of all creation, stronger than God's Will for life, the endlessness of love and Heaven's perfect, changeless constancy. Here is the Will of Father and of Son defeated finally, and laid to rest beneath the headstone death has placed upon the body of the holy Son of God." W-163.4.

The End of Death Page Number: 191 – DEATH AS AN OPPOSITE TO LIFE

<sup>&</sup>quot;Life has no opposite, for it is God. Life and death seem

to be opposites because you have decided death ends life. Forgive the world, and you will understand that everything that God created cannot have an end, and nothing He did not create is real. "M-20.5:5-7

"There are not different kinds of life, for life is like the truth. It does not have degrees. It is the one condition in which all that God created share. Like all His Thoughts, it has no opposite. There is no death because what God created shares His life. There

is no death because an opposite to God does not exist. There is no death because the Father and the Son are One." W-167.1.

The End of Death Page Number: 192 – DEATH AS AN OPPOSITE TO LIFE

"In death alone are opposites resolved, for ending opposition is to die. And thus salvation must be seen as death, for life is seen as conflict. To resolve the conflict is to end your life as well." W-138.7:3-5

"These mad beliefs can gain unconscious hold of great intensity, and grip the mind with terror and anxiety so strong that it will not relinquish its ideas about its own protection. It must be saved from salvation, threatened to be safe, and magically armored against truth. And these decisions are made unaware, to keep them safely undisturbed; apart from question and from reason and from doubt." W-138.8:1-3

The End of Death Page Number: 193 – DEATH AS AN OPPOSITE TO LIFE

"The body is the ego's idol; the belief in sin made flesh and then projected outward. This produces what seems to be a wall of flesh around the mind, keeping it prisoner in a tiny spot of space and time, beholden unto death, and given but an instant in which to sigh and grieve and die in honor of its master. And this unholy instant seems to be life; an instant of despair, a tiny island of dry sand, bereft of water and set uncertainly upon oblivion. Here does the Son of God stop briefly by, to offer his devotion to death's idols and then pass on. And here he is more dead than living. Yet it is also here he makes his choice again between idolatry and love. Here it is given him to choose to spend this instant paying tribute to the body, or let himself be given freedom from it. Here he can accept the holy instant, offered him to replace the unholy one he chose before. And here can he learn relationships are his salvation, and not his doom." T-20.VI.11.

"Death is the symbol of the fear of God." M-27.3:1

The End of Death Page Number: 194 – DEATH AS AN OPPOSITE TO LIFE

"Death is indeed the death of God, if He is Love." M-27.5:5

"And the last to be overcome will be death." Of course! Without the idea of death there is no world. All dreams will end with this one. This is salvation's final goal; the end of all illusions." M-27.6:1-5

The End of Death Page Number: 196 - THE DEATH REALM IS AN ILLUSION

"This is the darkest veil, upheld by the belief in death and protected by its attraction. The dedication to death and to its sovereignty is but the solemn vow, the promise made in secret to the ego never to lift this veil, not to approach it, nor even to suspect that it is there. This is the secret bargain made with the ego to keep what lies beyond the veil forever blotted out and unremembered. Here is your promise never to allow union to call you out of separation; the great amnesia in which the memory of God seems quite forgotten; the cleavage of your Self from you;--[the fear of God,] the final step in your dissociation." T-19.IV.D.3.

"See how the belief in death would seem to "save" you. For if this were gone, what could you fear but life? It is the attraction of death that makes life seem to be ugly, cruel and tyrannical. You are no more afraid of death than of the ego. These are your chosen friends. For in your secret alliance with them you have agreed never to let the fear of God be lifted, so you could look upon the face of Christ and join Him in His Father." T-19.IV.D.4.

The End of Death Page Number: 198 - A PRAYER TO UNDO FEAR OF GOD'S LOVE

"Your present trust in Him is the defense that promises a future undisturbed, without a trace of sorrow, and with joy that constantly increases, as this life becomes a holy instant, set in time, but heeding only immortality. Let no defenses but your present trust direct the future, and this life becomes a meaningful encounter with the truth that only your defenses would conceal." W-135.19.

# **CHAPTER EIGHT**

The End of Death Page Number: 200 – THE BODY IS THE MEANS BY WHICH WE RETURN TO SANITY

"The body is the means by which God's Son returns to sanity." W-pll.5.4:1

"The world is not left by death but by truth..." T-3.VII.6:11

The End of Death Page Number: 201 – THE BODY: OUR LAST SPECIAL RELATIONSHIP TO BE HEALED

"There is no order of difficulty in miracles. One is not "harder" or "bigger" than another. They are all the same. All expressions of love are maximal." T-1.I.1.

The End of Death Page Number: 202 – THE BODY: OUR LAST SPECIAL RELATIONSHIP TO BE HEALED

"The ego, which always wants to weaken the mind, tries to separate it from the body in an attempt to destroy it." T-8.IX.6:1 "Believing in the power of attack, the ego wants attack." T-8.IX.6:8

"That forgiveness is healing needs to be understood, if the teacher of God is to make progress. The idea that a body can be sick is a central concept in the ego's thought system. This thought gives the body autonomy, separates it from the mind, and keeps the idea of attack inviolate. If the body could be sick Atonement would be impossible. A body that can order a mind to do as it sees fit could merely take the place of God and prove salvation is impossible. What, then, is left to heal? The body has become lord of the mind. How could the mind be returned to the Holy Spirit unless the body is killed? And who would want salvation at such a price?" M-22.3.

The End of Death Page Number: 202 – THE BODY: OUR LAST SPECIAL RELATIONSHIP TO BE HEALED

"The Holy Spirit teaches you to use your body only to reach your brothers, so He can teach His message through you.

This will heal them and therefore heal you. Everything used in accordance with its function as the Holy Spirit sees it cannot be sick. Everything used otherwise is. Do not allow the body to be a mirror of a split mind. Do not let it be an image of your own perception of littleness. Do not let it reflect your decision to attack. Health is seen as the natural state of everything when interpretation is left to the Holy

Spirit, Who perceives no attack on anything. Health is the result of relinquishing all attempts to use the body lovelessly. Health is the beginning of the proper perspective on life under the guidance of the one Teacher Who knows what life is, being the Voice for Life Itself." T-8.VIII.9.

The End of Death Page Number: 203 – THE BODY: OUR LAST SPECIAL RELATIONSHIP TO BE HEALED

"With [this] as purpose is the body healed. It is not used to witness to the dream of separation and disease. Nor is it idly blamed for what it did not do. It serves to help the healing of God's Son, and for this purpose it cannot be sick. It will not join a purpose not your own, and you have chosen that it not be sick. All miracles are based upon this choice, and given you the instant it is made. No forms of sickness are immune, because the choice cannot be made in terms of form. The choice of sickness seems to be of form, yet it is one, as is its opposite. And you are sick or well, accordingly." T-28.VII.4.

The End of Death Page Number: 208 – MY OWN RELUCTANCE TO SEE JESUS' DEEPER TEACHINGS

"A major step in the Atonement plan is to undo error at all levels." T-2.IV.2:1

"How foolish and insane it is to think a miracle is bound by laws that it came solely to undo!" T-27.VI.6:3

"Nothing that you have refused to accept can be brought into awareness. It is not dangerous in itself, but you have made it seem dangerous to you." T-3.VI.4:4-5

The End of Death Page Number: 209 – MY OWN RELUCTANCE TO SEE JESUS' DEEPER TEACHINGS

"Truth cannot deal with errors that you want. I was a man who remembered spirit and its knowledge. As a man I did not attempt to counteract error with knowledge, but to correct error from the bottom up. I demonstrated both the powerlessness of the body and the power of the mind. By uniting my will with that of my Creator, I naturally remembered spirit and its real purpose. I cannot unite your will with God's for you, but I can erase all misperceptions from your mind if you will bring it under my guidance." T-3.IV.7:2-7

"The body is the means by which God's Son returns to sanity. Though it was made to fence him into hell without escape, yet has the goal of Heaven been exchanged for the pursuit of hell. The Son of God extends his hand to reach his brother, and to help him walk along the road with him. Now is the body holy. Now it serves to heal the mind that it was made to kill." W-pll.5.4.

The End of Death Page Number: 211 – WHAT WE USE THE BODY FOR IT WILL BECOME TO US

"If you use the body for attack, it is harmful to you. If you use it only to reach the minds of those who believe they are bodies, and teach them [through] the body that this is not so, you will understand the power of the mind that is in you." T-8.VII.3:1-2

"Again and again have you attacked your brother, because you saw in him a shadow figure in your private world. And thus it is you must attack yourself first, for what you attack is not in others. Its only reality is in your own mind, and by attacking others you are literally attacking what is not there." T-13.V.3:6-8

The End of Death Page Number: 212 – WHAT WE USE THE BODY FOR IT WILL BECOME TO US

"To the ego the body is to attack [with]. Equating you with the body, it teaches that [you] are to attack with. The body, then, is not the source of its own health. The body's condition lies solely in your interpretation of its function." T-8.VIII.1:5-8

The End of Death Page Number: 213 – WHAT WE USE THE BODY FOR IT WILL BECOME TO US

"The body could not separate your mind from your brother's unless you wanted it to be a cause of separation and of distance seen between you and him. Thus do you endow it with a power that lies not within itself. And herein lies its power over you. For now you think that it determines when your brother and you meet, and limits your ability to make communion with your brother's mind. And now it tells you where to go and how to go there, what is feasible for you to undertake, and what you cannot do. It dictates what its health can tolerate, and what will tire it and make it sick. And its "inherent" weaknesses set up the limitations on what you would do, and

keep your purpose limited and weak." T-29.I.5.

"The body will accommodate to this, if you would have it so. It will allow but limited indulgences in "love," with intervals of hatred in between. And it will take command of when to "love," and when to shrink more safely into fear. It will be sick because you do not know what loving means.

The End of Death Page Number: 214 – WHAT WE USE THE BODY FOR IT WILL BECOME TO US

And so you must misuse each circumstance and everyone you meet, and see in them a purpose not your own." T-29.I.6.

"The body, innocent of goals, is your excuse for variable goals you hold, and force the body to maintain. You do not fear its weakness, but its lack of strength [or] weakness. Would you know that nothing stands between you and your brother? Would you know there is no gap behind which you can hide? There is a shock that comes to those who learn their savior is their enemy no more. There is a wariness that is aroused by learning that the body is not real. And there are overtones of seeming fear around the happy message, "God is Love." T-29.I.8.

"Perhaps you do not realize that this removes the limits you had placed upon the body by the purposes you gave to it. As these are laid aside, the strength the body has will always be enough to serve all truly useful purposes. The body's health is fully guaranteed, because it is not limited by time, by weather or fatigue, by food and drink, or any laws you made it serve before. You need do nothing now to make it well, for sickness has become impossible." W-136.18.

The End of Death Page Number: 215 – WHAT WE USE THE BODY FOR IT WILL BECOME TO US

"Yet this protection needs to be preserved by careful watching. If you let your mind harbor attack thoughts, yield to judgment or make plans against uncertainties to come, you have again misplaced yourself, and made a bodily identity which will attack the body, for the mind is sick." W-136.19:1-2

The End of Death Page Number: 217 – RECOGNIZING WHEN WE STILL BELIEVE IN THE BODY AND THE WORLD

"The course does not aim at teaching the meaning of love,

for that is beyond what can be taught. It does aim, however, at removing the blocks to the awareness of love's presence, which is your natural inheritance. The opposite of love is fear, but what is all-encompassing can have no opposite." T-in.2:6-8

The End of Death Page Number: 218 – RECOGNIZING WHEN WE STILL BELIEVE IN THE BODY AND THE WORLD

"Now in the hands made gentle by His touch, the Holy
Spirit lays a picture of a different you. It is a picture of
a body still, for what you really are cannot be seen nor
pictured. Yet this one has not been used for purpose of
attack, and therefore never suffered pain at all. It witnesses
to the eternal truth that you cannot be hurt, and points
beyond itself to both your innocence and his. Show this
unto your brother, who will see that every scar is healed,
and every tear is wiped away in laughter and in love. And
he will look on his forgiveness there, and with healed eyes
will look beyond it to the innocence that he beholds in you.
Here is the proof that he has never sinned; that nothing
which his madness bid him do was ever done, or ever had effects of any kind. That no reproach
he laid upon his heart was ever justified, and no attack can ever touch him with
the poisoned and relentless sting of fear." T-27.1.5.

"Attest his innocence and not his guilt. Your healing is his comfort and his health because it proves illusions are not true." T-27.I.6:1-2

The End of Death Page Number: 219 – RECOGNIZING WHEN WE STILL BELIEVE IN THE BODY AND THE WORLD

"A major step in the Atonement plan is to undo error at all levels. Sickness or "not-right-mindedness" is the result of level confusion, because it always entails the belief that what is amiss on one level can adversely affect another." T-2.IV.2:1-2

"A miracle of healing proves that separation is without effect." T-27.II.5:2

The End of Death Page Number: 220 – WHERE IS THE CAUSE OF YOUR LOSS OF PEACE?

"The miracle is possible when cause and consequence are brought together, not kept separate."..."Cause and effect are one, not separate." T-26.VII.14:1,13:1

The End of Death Page Number: 224 – DO YOU BELIEVE THE BODY IS YOUR IDENTITY? A SELF-INQUIRY EXERCISE

"I am sustained by the love of God:"

"Here is the answer to every problem that will confront you, today and tomorrow and throughout time. In this world, you believe you are sustained by everything but God. Your faith is placed in the most trivial and insane symbols; pills, money, "protective" clothing, influence, prestige, being liked, knowing the "right" people, and an endless list of forms of nothingness that you endow with magical powers..." "All these things are your replacements for the Love of God."W-50.1,2:1

The End of Death Page Number: 225 – DO YOU BELIEVE THE BODY IS YOUR IDENTITY? A SELF-INQUIRY EXERCISE

"The seeming cost of accepting today's idea is this: It means that nothing outside yourself can save you; nothing outside yourself can give you peace. But it also means that nothing outside yourself can hurt you, or disturb your peace or upset you in any way. Today's idea places you in charge of the universe, where you belong because of what you are." W-70.2:1-3

"I am under no laws but God's:"

"Think of the freedom in the recognition that you are not bound by all the strange and twisted laws you have set up to save you. You really think that you would starve unless you have stacks of green paper strips and piles of metal discs. You really think a small round pellet or some fluid pushed into your veins through a sharpened needle will ward off disease and death. You really think you are alone unless another body is with you." A Course in Miracles, W-76.3.

"It is insanity that thinks these things. You call them laws, and put them under different names in a long catalogue of rituals that have no use and serve no purpose. You think you must obey the "laws" of medicine, of economics and of health. Protect the body, and you will be saved." W-76.4.

"These are not laws, but madness. The body is endangered by the mind that hurts itself. The body suffers just in order that the mind will fail to see it is the victim of itself. The body's suffering is a mask the mind holds up to hide what really suffers. It would not understand it is its own enemy; that it attacks itself and wants to die. It is from this your "laws" would save the body. It is for this you think you are a body." W-76.5.

"There are no laws except the laws of God. This needs repeating, over and over, until you realize it applies to everything that you have made in opposition to God's Will. Your magic has no meaning. What it is meant to save does not exist. Only what it is meant to hide will save you."

W-76.6.

The End of Death Page Number: 226 – DO YOU BELIEVE THE BODY IS YOUR IDENTITY? A SELF-INQUIRY EXERCISE

"We will begin the longer practice periods today with a short review of the different kinds of "laws" we have believed we must obey. These would include, for example, the "laws" of nutrition, of immunization, of medication, and of the body's protection in innumerable ways. Think further; you believe in the "laws" of friendship, of "good" relationships and reciprocity. Perhaps you even think that there are laws which set forth what is God's and what is yours. Many "religions" have been based on this. They would not save but damn in Heaven's name. Yet they are no more strange than other "laws" you hold must be obeyed to make you safe..." "There are no laws but God's. Dismiss all foolish magical beliefs today, and hold your mind in silent readiness to hear the Voice that speaks the truth to you." W-76.8,9:1-3

The End of Death Page Number: 227 – PRAYER TO RELEASE BELIEF IN THE BODY AND WORLD

"Only very few can hear God's Voice at all, and even they cannot communicate His messages directly through the Spirit which gave them. They need a medium through which communication becomes possible to those who do not realize that they are spirit. A body they can see. A voice they understand and listen to, without the fear that truth would encounter in them. Do not forget that truth can come only where it is welcomed without fear. So do God's teachers need a body, for their unity could not be recognized directly." M-12.3:3-8

"The teachers of God appear to share the illusion of separation, but because of what they use the body for, they do not believe in the illusion despite appearances." M-12.4:6

"The central lesson is always this; that what you use the body for it will become to you. Use it for sin or for attack, which is the same as sin, and you will see it as sinful. Because it is sinful it is weak, and being weak, it suffers and it dies. Use it to bring the Word of God to those who have it not, and the body becomes holy. Because it is holy it cannot be sick, nor can it die. When its usefulness is done it is laid by, and that is all." M-12.5:1-6

The End of Death Page Number: 228 – PUNISHING THE BODY: EXERCISE: HOW DO WE USE OUR BODY LOVELESSLY?

"You have displaced your guilt to your body from your mind. Yet a body cannot be guilty, for it can do nothing of itself. You who think you hate your body deceive yourself. You hate your mind, for guilt has entered into it, and it would remain separate from your brother's, which it cannot do." T-18.VI.2:5-8

The End of Death Page Number: 229 – PUNISHING THE BODY: EXERCISE: HOW DO WE USE OUR BODY LOVELESSLY?

"Who punishes the body is insane. For here the little gap is seen, and yet it is not here. It has not judged itself, nor made itself to be what it is not. It does not seek to make of pain a joy and look for lasting pleasure in the dust. It does not tell you what its purpose is and cannot understand what it is for. It does not victimize, because it has no will, no preferences and no doubts. It does not wonder what it is. And so it has no need to be competitive. It can be victimized, but cannot feel itself as victim. It accepts no role, but does what it is told, without attack." T-28.VI.1.

The End of Death Page Number: 230 – PUNISHING THE BODY - EXERCISE: HOW DO WE USE OUR BODY LOVELESSLY?

"Health is the result of relinquishing all attempts to use the body lovelessly." T-8.VIII.9:9

"My brother, child of our Father, this is a [dream] of death.

There is no funeral, no dark altars, no grim commandments
nor twisted rituals of condemnation to which the body leads
you. Ask not release of [it.] But free it from the merciless and unrelenting orders you laid upon
it, and forgive it what you ordered it to do. In its exaltation you commanded
it to die, for only death could conquer life. And what but
insanity could look upon the defeat of God, and think it
real?" T-19.IV.C.8:2-7

The End of Death Page Number: 231 – PUNISHING THE BODY - EXERCISE: HOW DO WE USE OUR BODY LOVELESSLY?

"Today we seek to change our minds about the source of sickness, for we seek a cure for all illusions, not another shift among them. We will try today to find the source of healing, which is in our minds because our Father placed it there for us. It is not farther from us than ourselves. It is as near to us as our own thoughts; so close it is impossible to lose. We need but seek it and it must be found." W-140.8.

The End of Death Page Number: 232 – USING THE BODY LOVELESSLY: MY OWN EXPERIENCE

"Yet is the [body] prisoner, and not the mind. The body thinks no thoughts. It has no power to learn, to pardon, nor enslave. It gives no orders that the mind need serve, nor sets conditions that it must obey. It holds in prison but the willing mind that would abide in it. It sickens at the bidding of the mind that would become its prisoner. And it grows old and dies, because that mind is sick within itself.

Learning is all that causes change. And so the body, where no learning can occur, could never change unless the mind preferred the body change in its appearances, to suit the purpose given by the mind. For mind can learn, and there is all change made." T-31.III.4.

The End of Death Page Number: 233 – USING THE BODY LOVELESSLY: MY OWN EXPERIENCE

"There is no world apart from what you wish, and herein lies your ultimate release. Change but your mind on what you want to see, and all the world must change accordingly. Ideas leave not their source." W-132.5:1-3

The End of Death Page Number: 234 – USING THE BODY LOVELESSLY: MY OWN EXPERIENCE

"The body is the means by which God's Son returns to sanity. Though it was made to fence him into hell without escape, yet has the goal of Heaven been exchanged for the pursuit of hell. The Son of God extends his hand to reach his brother, and to help him walk along the road with him. Now is the body holy. Now it serves to heal the mind that it was made to kill." W-pll.5.4.

## **CHAPTER NINE**

The End of Death Page Number: 236 – EXPOSING THE SOURCE OF OUR PERSISTENT SENSE OF THREAT

"If you identify with the ego, you must perceive yourself as guilty. Whenever you respond to your ego you will experience guilt, and you will fear punishment." T-5.V:3:5-6 "Listening to the ego's voice means that you believe it is possible to attack God, and that a part of Him has been torn away by you. Fear of retaliation from without follows, because the severity of the guilt is so acute that it must be projected." T-5.V:10-11

The End of Death Page Number: 239 – FINDING YOUR ETERNALLY IMMUTABLE INNOCENCE

"This is a course in miracles. It is a required course. Only the time you take it is voluntary. Free will does not mean that you can establish the curriculum. It means only that you can elect what you want to take at a given time. The course does not aim at teaching the meaning of love, for that is beyond what can be taught. It does aim, however, at removing the blocks to the awareness of love's presence, which is your natural inheritance. The opposite of love is fear, but what is all-encompassing can have no opposite." T-in.1.

This course can therefore be summed up very simply in this way: Nothing real can be threatened. Nothing unreal exists. Herein lies the peace of God." T-in.2-4

"You make what you defend against, and by your own defense against it is it real and inescapable. Lay down your arms, and only then do you perceive it false." W-170.2:6

The End of Death Page Number: 240 – FINDING YOUR ETERNALLY IMMUTABLE INNOCENCE

"God's blessing shines upon me from within my heart, where He abides. I need but turn to Him, and every sorrow melts away, as I accept His boundless Love for me." W-pI.207:2-3

The End of Death Page Number: 241 – FINDING YOUR ETERNALLY IMMUTABLE INNOCENCE

"If I defend myself I am attacked. But in defenselessness I will be strong, and I will learn what my defenses hide."
W-135.22:4-5

"Defenses are the plans you undertake to make against the truth. Their aim is to select what you approve, and disregard what you consider incompatible with your beliefs of your reality. Yet what remains is meaningless indeed. For it is your reality that is the "threat" which your defenses would attack, obscure, and take apart and crucify." W-135.17.

The End of Death Page Number: 244 - GUILT OR GUILTLESSNESS: WHICH DO YOU VALUE?

"Let me be to you the symbol of the end of guilt, and look upon your brother as you would look on me. Forgive me all the sins you think the Son of God committed. And in the light of your forgiveness he will remember who he is, and forget what never was. I ask for your forgiveness, for if you are guilty, so must I be. But if I surmounted guilt and overcame the world, you were with me." T-19.IV.B.6:1-5

The End of Death Page Number: 245 – GUILT OR GUILTLESSNESS: WHICH DO YOU VALUE?

"As long as you believe that guilt is justified in any way, in anyone, whatever he may do, you will not look within, where you would always find Atonement. The end of guilt will never come as long as you believe there is a reason for it." T-13.X.6:1-2

"You do not want either [guilt or guiltlessness] alone, for without both you do not see yourself as whole and therefore happy. Yet you are whole only in your guiltlessness, and only in your guiltlessness can you be happy. There is no conflict here. To wish for guilt in any way, in any form, will lose appreciation of the value of your guiltlessness, and push it from your sight." T-14.III.2:3-6

"Whenever the pain of guilt seems to attract you, remember that if you yield to it, you are deciding against happiness, and will not learn how to be happy. Say therefore, to yourself, gently, but with the conviction born of the Love of God and of His Son:

What I experience I will make manifest. If I am guiltless,
I have nothing to fear. I choose to testify to my acceptance of the Atonement, not to its rejection. I would accept my guiltlessness by making it manifest and sharing it. Let me bring peace to God's Son from his Father." T-14.III.3:3-9

The End of Death Page Number: 247 – FINDING THE GREATEST LOVE OF ALL: YOUR HOLY SELF

"What would you see? The choice is given you. But learn and do not let your mind forget this law of seeing: You will look upon that which you feel within." W-189.5:1-3

The End of Death Page Number: 248 – FINDING THE GREATEST LOVE OF ALL: YOUR HOLY SELF

"By supplying your Identity wherever It is not recognized, you will recognize It." T-14.X.12:7

The End of Death Page Number: 251 – TRUE DESIRE

"I am the light of the world. That is my only function. That is why I am here." W-61.5:3-5

"Who is the light of the world except God's Son? This, then, is merely a statement of the truth about yourself. It is the opposite of a statement of pride, of arrogance, or of selfdeception. It does not describe the self-concept you have made. It does not refer to any of the characteristics with which you have endowed your idols. It refers to you as you were created by God. It simply states the truth." W-61.1.

"To the ego, today's idea is the epitome of self-glorification. But the ego does not understand humility, mistaking it for self-debasement. Humility consists of accepting your role in salvation and in taking no other. It is not humility to insist you cannot be the light of the world if that is the function God assigned to you. It is only arrogance that would assert this function cannot be for you, and arrogance is always of the ego." W-61.2.

"True humility requires that you accept today's idea because it is God's Voice which tells you it is true. This is a beginning step in accepting your real function on earth. It is a giant stride toward taking your rightful place in salvation. It is a positive assertion of your right to be saved, and an acknowledgment of the power that is given you to save others." W-61.3.

The End of Death Page Number: 252 – TRUE DESIRE

"Today we will claim the miracles which are your right, since they belong to you. You have been promised full release

from the world you made. You have been assured that the Kingdom of God is within you, and can never be lost. We ask no more than what belongs to us in truth. Today, however, we will also make sure that we will not content ourselves with less." W-77.3.

The End of Death Page Number: 254 – HEALING THE ROOT OF ALL EMOTIONAL PAIN

"Pain demonstrates the body must be real. It is a loud, obscuring voice whose shrieks would silence what the Holy Spirit says, and keep His words from your awareness. Pain compels attention, drawing it away from Him and focusing upon itself. Its purpose is the same as pleasure, for they both are means to make the body real. What shares a common purpose is the same."..."Sin shifts from pain to pleasure, and again to pain. For either witness is the same, and carries but one message: "You are here, within this body, and you can be hurt." T-27.VI.1:1-5,2:1-2

The End of Death Page Number: 255 – HEALING THE ROOT OF ALL EMOTIONAL PAIN

"The correction of fear [is] your responsibility. When you ask for release from fear, you are implying that it is not. You should ask, instead, for help in the conditions that have brought the fear about. These conditions always entail a willingness to be separate. At that level you [can] help it. You are much too tolerant of mind wandering, and are passively condoning your mind's miscreations. The particular result does not matter, but the fundamental error does. The correction is always the same. Before you choose to do anything, ask me if your choice is in accord with mine. If you are sure that it is, there will be no fear." T-2.VI.4.

## CHAPTER TEN

The End of Death Page Number: 257 – THE AIM OF FORGIVENESS

"A sense of separation from God is the only lack you really need correct." T-1.VI.2:1 "To give up all problems to one Answer is to reverse the thinking of the world entirely." M-4.IX.1:6

"I am never upset for the reason I think because I am constantly trying to justify my thoughts. I am constantly trying to make them true. I make all things my enemies, so that my anger is justified and my attacks are warranted.

I have not realized how much I have misused everything I see by assigning this role to it. I have done this to defend a thought system that has hurt me, and that I no longer want. I am willing to let it go." W-51.5.(5)

The End of Death Page Number: 263 – THE ATONEMENT: AN IMMEDIATE BRIDGE FROM SUFFERING OT PEACE

"The Atonement does not make holy. You were created holy. It merely brings unholiness to holiness; or what you made to what you are. Bringing illusion to truth, or the ego to God, is the Holy Spirit's only function." T-14.IX.1:1-4

The End of Death Page Number: 264 – THE ATONEMENT: AN IMMEDIATE BRIDGE FROM SUFFERING OT PEACE

"It is this that makes the holy instant so easy and so natural. You make it difficult, because you insist there must be more that you need do. You find it difficult to accept the idea that you need give so little, to receive so much. And it is very hard for you to realize it is not personally insulting that your contribution and the Holy Spirit's are so extremely disproportionate." T-18.IV.7:1-4

"Forget not that it has been your decision to make everything that is natural and easy for you impossible. If you believe the holy instant is difficult for you, it is because you have become the arbiter of what is possible, and remain unwilling to give place to One Who knows. The whole belief in orders of difficulty in miracles is centered on this. Everything God wills is not only possible, but has already happened." T-18.IV.8:1-4

The End of Death Page Number: 268 – SAFETY IS THE COMPLETE RELINQUISHMENT OF ATTACK: SICKNESS AS ATTACK

"Yet sickness is not of the body, but of the mind. All forms of

sickness are signs that the mind is split, and does not accept a unified purpose." T-8.IX.8:6-7 "Safety is the complete relinquishment of attack. No compromise is possible in this. Teach attack in any form and you have learned it, and it will hurt you. Yet this learning is not immortal, and you can unlearn it by not teaching it" T-6.III.3:7-10

The End of Death Page Number: 269 – SAFETY IS THE COMPLETE RELINQUISHMENT OF ATTACK: SICKNESS AS ATTACK

"A sick body does not make any sense. It could not make sense because sickness is not what the body is for. Sickness is meaningful only if the two basic premises on which the ego's interpretation of the body rests are true; that the body is for attack, and that you are a body. Without these premises sickness is inconceivable." T-8.VIII.6:5-8

"Sickness is a way of demonstrating that you can be hurt. It is a witness to your frailty, your vulnerability, and your extreme need to depend on external guidance. The ego uses this as its best argument for your need for [its] guidance. It dictates endless prescriptions for avoiding catastrophic outcomes." T-8.VIII.6:1-4

The End of Death Page Number: 270 – HOW IS HEALING ACCOMPLISHED THROUGH ATONEMENT?

"Fatherhood [is] creation. Love must be extended. Purity is not confined. It is the nature of the innocent to be forever uncontained, without a barrier or limitation. Thus is purity not of the body. Nor can it be found where limitation is. The body can be healed by its effects, which are as limitless as is itself. Yet must all healing come about because the mind is recognized as not within the body, and its innocence is quite apart from it, and where all healing is. Where, then, is healing? Only where its cause is given its effects. For sickness is a meaningless attempt to give effects to causelessness, and make it be a cause." T-28.II.2.

"Always in sickness does the Son of God attempt to make himself his cause, and not allow himself to be his Father's Son. For this impossible desire, he does not believe that he is Love's Effect, and must be cause because of what he is. The cause of healing is the only Cause of everything. It has but [one] Effect. And in that recognition, causelessness is given no effects and none is seen." T-28.II.3:1-5

The End of Death Page Number: 271 – HOW IS HEALING ACCOMPLISHED THROUGH ATONEMENT?

"There is no order of difficulty in miracles. One is not "harder" or "bigger" than another. They are all the same." T-1.I.1:1-3

"The ego uses the body to conspire against your mind, and because the ego realizes that its "enemy" can end them both merely by recognizing they are not part of you, they join in the attack together. This is perhaps the strangest perception of all, if you consider what it really involves. The ego, which is not real, attempts to persuade the mind, which [is] real, that the mind is the ego's learning device; and further, that the body is more real than the mind is. No one in his right mind could possibly believe this, and no one in his right mind does believe it." T-6.IV.5.

The End of Death Page Number: 272 – HOW IS HEALING ACCOMPLISHED THROUGH ATONEMENT?

"Healing might thus be called a counter-dream, which cancels out the dream of sickness in the name of truth, but not in truth itself. Just as forgiveness overlooks all sins that never were accomplished, healing but removes illusions that have not occurred." W-137.5:1-2

"Atonement heals with certainty, and cures all sickness. For the mind which understands that sickness can be nothing but a dream is not deceived by forms the dream may take. Sickness where guilt is absent cannot come, for it is but another form of guilt. Atonement does not heal the sick, for that is not a cure. It takes away the guilt that makes the sickness possible. And that is cure indeed. For sickness now is gone, with nothing left to which it can return."

W-140.4.

The End of Death Page Number: 273 – HOW IS HEALING ACCOMPLISHED THROUGH ATONEMENT?

"Healing is the one ability everyone can develop and must develop if he is to be healed." T-7.V.3:1
"The Holy Spirit does not work by chance, and healing that is of Him [always] works." T-7.V.5:1

The End of Death Page Number: 274 – WHAT ARE WE SECRETLY TERRIFIED OF? AND WHY DO WE REJECT HEALING?

"The ultimate purpose of projection is always to get rid of guilt. Yet, characteristically, the ego attempts to get rid of guilt from its viewpoint only, for much as the ego wants to retain guilt [you] find it intolerable, since guilt stands in the way of your remembering God, Whose pull is so strong that you cannot resist it. On this issue, then, the deepest

split of all occurs, for if you are to retain guilt, as the ego insists, [you cannot be you.] Only by persuading you that it is you could the ego possibly induce you to project guilt, and thereby keep it in your mind." T-13.II.1.

"Yet consider how strange a solution the ego's arrangement is. You project guilt to get rid of it, but you are actually merely concealing it. You do experience the guilt, but you have no idea why. On the contrary, you associate it with a weird assortment of "ego ideals," which the ego claims you have failed. Yet you have no idea that you are failing the Son of God by seeing him as guilty. Believing you are no longer you, you do not realize that you are failing yourself."
T-13.II.2.

The End of Death Page Number: 275 – WHAT ARE WE SECRETLY TERRIFIED OF? AND WHY DO WE REJECT HEALING?

"The darkest of your hidden cornerstones holds your belief in guilt from your awareness. For in that dark and secret place is the realization that you have betrayed God's Son by condemning him to death. You do not even suspect this murderous but insane idea lies hidden there, for the ego's destructive urge is so intense that nothing short of the crucifixion of God's Son can ultimately satisfy it. It does not know who the Son of God is because it is blind. Yet let it perceive guiltlessness anywhere, and it will try to destroy it because it is afraid." T-13.II.3.

The End of Death Page Number: 277 – ACCEPT YOUR HEALING IS ALREADY ACCOMPLISHED

"If the sole responsibility of the miracle worker is to accept the Atonement for himself, and I assure you that it is, then the responsibility for [what] is atoned for cannot be yours."..."If you accept the remedy for disordered thought, a remedy whose efficacy is beyond doubt, how can its symptoms remain?" T-5.V.7:8,12

The End of Death Page Number: 281 – ACCEPT YOUR HEALING IS ALREADY ACCOMPLISHED

"Forgiveness that is learned of me does not use fear to undo fear. Nor does it make real the unreal and then destroy it. Forgiveness through the Holy Spirit lies simply in looking beyond error from the beginning, and thus keeping it unreal for you. Do not let any belief in its realness enter your mind, or you will also believe that you must undo what you have made in order to be forgiven. What has no effect does not exist, and to the Holy Spirit the effects of error are nonexistent. By steadily and consistently cancelling out all its effects, everywhere and in all respects, He teaches that the ego does not exist and proves it." T-9.IV.5.

The ego's plan is to have you see error clearly first, and then overlook it. Yet how can you overlook what you have made real? By seeing it clearly, you have made it real and [cannot] overlook it. T-9.IV.4:4-6

"Give Him your thoughts, and He will give them back as miracles which joyously proclaim the wholeness and the happiness God wills His Son, as proof of His eternal Love. And as each thought is thus transformed, it takes on healing power from the Mind which saw the truth in it, and failed to be deceived by what was falsely added. All the threads of fantasy are gone. And what remains is unified into a perfect Thought that offers its perfection everywhere." W-151.14.

The End of Death Page Number: 282 – THE UNDOING OF FEAR

"If you want peace, you must give up the idea of conflict entirely and for all time." T-7.VI.8:9

The End of Death Page Number: 283 - THE UNDOING OF FEAR

"The presence of fear is a sure sign that you are trusting in your own strength." W-48.3:1

The End of Death Page Number: 283 – TRUE DENIAL AS A POWERFUL PROTECTIVE DEVICE

"True denial is a powerful protective device. You can and should deny any belief that error can hurt you. This kind of denial is not a concealment but a correction. Your right mind depends on it. Denial of error is a strong defense of truth, but denial of truth results in miscreation, the projections of the ego." T-2.II.2:1-5

The End of Death Page Number: 284 - TRUE DENIAL AS A POWERFUL PROTECTIVE DEVICE

"Can pain be part of peace, or grief of joy? Can fear and sickness enter in a mind where love and perfect holiness abide? Truth must be all-inclusive, if it be the truth at all. Accept no opposites and no exceptions, for to do so is to contradict the truth entirely." W-152.2:4-7

The End of Death Page Number: 285 – TRUE DENIAL AS A POWERFUL PROTECTIVE DEVICE

"What is of God is His forever, and you are of God. Would He allow Himself to suffer? And would He offer His Son anything that is not acceptable to Him?" T-10.V.9:2-4

"Do not perceive anything God did not create or you are denying Him." T-10.V.13:1

The End of Death Page Number: 287 – THE CAUSE IS NOT IN OTHERS, THE BODY, THE PAST OR THE WORLD

"Atonement heals with certainty, and cures all sickness." W-140.4:1

"Accept Atonement and you are healed. Atonement is the Word of God. Accept His Word and what remains to make sickness possible? Accept His Word and every miracle has been accomplished. To forgive is to heal. The teacher of God has taken accepting the Atonement for himself as his only function. What is there, then, he cannot heal? What miracle can be withheld from him?" M-22.1:5-12

"Yet love without trust is impossible, and doubt and trust cannot coexist." M-7.4:6

"The real basis for doubt about the outcome of any problem that has been given to God's Teacher for resolution is always self-doubt. And that necessarily implies that trust has been placed in an illusory self, for only such a self can be doubted." M-7.5:1-2

## CHAPTER ELEVEN

The End of Death Page Number: 292 – DISBELIEVING THE EGO'S POLARITIES

"The real world can actually be perceived. All that is necessary is a willingness to perceive nothing else. For if you perceive both good and evil, you are accepting both the false and the true and making no distinction between them." T-11.VII.2:6-8

"You who fear salvation are choosing death. Life and death, light and darkness, knowledge and perception, are

irreconcilable. To believe that they can be reconciled is to believe that God and His Son can [not.]." T-3.VII.6:5-7

The End of Death Page Number: 293 – OUR PART IN THE ATONEMENT

"You were in darkness until God's Will was done completely by any part of the Sonship. When this was done, it was perfectly accomplished by all. How else could it be perfectly accomplished? My mission was simply to unite the will of the Sonship with the Will of the Father by being aware of the Father's Will myself. This is the awareness I came to give you, and your problem in accepting it is the problem of this world. Dispelling it is salvation, and in this sense I [am] the salvation of the world..."..."As God sent me to you so will I send you to others. And I will go to them with you, so we can teach them peace and union." T-8.IV.3:1-6,10-11

"You have no problems that He cannot solve by offering you a miracle. Miracles are for you. And every fear or pain or trial you have has been undone. He has brought all of them to light, having accepted them instead of you, and recognized they never were. There are no dark lessons He has not already lightened for you." T-14.XI.9:2-6

The End of Death Page Number: 295 - FORGIVENESS SUMMARY

"The ego's plan is to have you see error clearly first, and then overlook it. Yet how can you overlook what you have made real? By seeing it clearly, you have made it real and [cannot] overlook it." T-9.IV.4:4-6

"Forgiveness through the Holy Spirit lies simply in looking beyond error from the beginning, and thus keeping it unreal for you. Do not let any belief in its realness enter your mind, or you will also believe that you must undo what you have made in order to be forgiven. What has no effect does not exist, and to the Holy Spirit the effects of error are nonexistent. By steadily and consistently cancelling out all its effects, everywhere and in all respects, He teaches that the ego does not exist and proves it." T-9.IV.5:3-6

The End of Death Page Number: 299 – HEALING AND ATONEMENT

"It is this that makes the holy instant so easy and so natural. You make it difficult, because you insist there must be more that you need do. You find it difficult to accept the idea that you need give so little, to receive so much. And it is very hard for you to realize it is not personally insulting that your contribution and the Holy Spirit's are so extremely disproportionate. You are still convinced that your understanding is a powerful contribution to the truth, and makes it what it is. Yet we have emphasized that you need understand nothing. Salvation is easy just [because] it asks nothing you cannot give right now." T-18.IV.7.

The End of Death Page Number: 300 – INVOKING THE MIRACLE: THE ATONEMENT PRAYER

"The offer of Atonement is universal. It is equally applicable to all individuals in all circumstances. And in it is the power to heal all individuals of all forms of sickness. Not to believe this is to be unfair to God, and thus unfaithful to Him." M-22.6:1-4

The End of Death Page Number: 303 – INVOKING THE MIRACLE: THE ATONEMENT PRAYER

"God's Son needs no defense against his dreams. His idols do not threaten him at all. His one mistake is that he [thinks] them real. What can the power of illusions do?" T-30.IV.5:12-15

The End of Death Page Number: 305 – THE ATONEMENT: ACCEPTING WHAT IS ALREADY HERE

"Yet to give up the dissociation of reality brings more than merely lack of fear. In this decision lie joy and peace and the glory of creation. Offer the Holy Spirit only your willingness to remember, for He retains the knowledge of God and of yourself for you, waiting for your acceptance. Give up gladly everything that would stand in the way of your remembering, for God is in your memory. His Voice will tell you that you are part of Him when you are willing to remember Him and know your own reality again. Let nothing in this world delay your remembering of Him, for in this remembering is the knowledge of yourself." T-10.II.2.

The End of Death Page Number: 306 – THE ATONEMENT: ACCEPTING WHAT IS ALREADY HERE

"To remember is merely to restore to your mind [what is already there]. You do not make what you remember; you merely accept again what is already there, but was rejected.

The ability to accept truth in this world is the perceptual counterpart of creating in the Kingdom. God will do His part if you will do yours, and His return in exchange for yours is the exchange of knowledge for perception. Nothing is beyond His Will for you. But signify your will to remember Him, and behold! He will give you everything but for the asking." T-10.II.3.

The End of Death Page Number: 307 - RELEASING ALL FORMS OF SUFFERING

"All attack is Self attack. It cannot be anything else. Arising from your own decision not to be what you are, it is an attack on your identification. Attack is thus the way in which your identification is lost, because when you attack, you must have forgotten what you are. And if your reality is God's, when you attack you are not remembering Him. This is not because He is gone, but because you are actively choosing not to remember Him." T-10.II.5.

The End of Death Page Number: 308 - RELEASING ALL FORMS OF SUFFERING

"If you realized the complete havoc this makes of your peace of mind you could not make such an insane decision. You make it only because you still believe it can get you something you want. It follows, then, that you want something other than peace of mind, but you have not considered what it must be. Yet the logical outcome of your decision is perfectly clear, if you will only look at it. By deciding against your reality, you have made yourself vigilant [against] God and His Kingdom. And it is this vigilance that makes you afraid to remember Him." T-10.II.6.

The End of Death Page Number: 309 – THE ATONEMENT: WILLING WITH GOD

"When you want only love you will see nothing else." T-12. VII.8:8

The End of Death Page Number: 311 - THE ATONEMENT: WILLING WITH GOD

"Atonement heals with certainty, and cures all sickness." W-140.4:1

The End of Death Page Number: 321 – THE KINGDOM OF HEAVEN IS WITHIN: EMBODIMENT OF THE LIVING CHRIST – by Stacy Sully

"The body, if properly understood, shares the invulnerability of the Atonement to two-edged application. This is not because the body is a miracle, but because it is not inherently open to misinterpretation.

The body is merely part of your experience in the physical world. Its abilities can be and frequently are overevaluated. However, it is almost impossible to deny its existence in this world. Those who do so are engaging in a particularly unworthy form of denial. The term "unworthy" here implies only that it is not necessary to protect the mind by denying the unmindful. If one denies this unfortunate aspect of the mind's power, one is also denying the power itself." T-2.IV.3:6-13

"this does not mean that I am in any way separate or different from you except in time, and time does not really exist. The statement is more meaningful in terms of a vertical rather than horizontal axis. You stand below me and I stand below God. In the process of "rising up" I am higher because without me the distance between God and man would be too great for you to encompass. I bridge the distance as an elder brother to you on the one hand and as a Son of God on another."T-1.II.4:1-5

The End of Death Page Number: 324 – THE KINGDOM OF HEAVEN IS WITHIN: EMBODIMENT OF THE LIVING CHRIST – by Stacy Sully

"You are not limited by the body, and thought cannot be made flesh. Yet mind can be manifested through the body if it goes beyond it and does not interpret it as limitation." T-8-VII.14:1-2

The End of Death Page Number: 325 – ABOUT THE END OF DEATH, VOLUME TWO

"The end of the world is not its destruction, but its translation into Heaven." T-11.VIII.1:8

"Very simply, the resurrection is the overcoming or surmounting of death. It is a reawakening or a rebirth; a change of mind about the meaning of the world. It is the acceptance of the Holy Spirit's interpretation of the world's purpose; the acceptance of the Atonement for oneself. It is the end of dreams of misery, and the glad awareness of the Holy Spirit's final dream. It is the recognition of the gifts of God. It is the dream in which the body functions perfectly, having no function except communication." M-28.1:1-6